



The MultiCultural Center and UCSB's Trauma-Informed Pedagogy Project present

Join UCSB's Trauma-Informed Pedagogy project and the Coordinator of the African diasporic Cultural Resource Center for an interactive discussion about how we can work towards belonging at UCSB through trauma-informed modes of expression in the classroom, in liberation work, and on our campus. This event will grapple with questions about how persons can express their individuality within diverse groups and communities. The event will allow you to learn about somatic experiencing techniques as ways of releasing energy, writing as a tool for expression, and trauma-informed activism with a focus on developing strategies for personally sustainable activism.

Food will be provided after the event.

Self-Expression in Community: Trauma-Informed Care at UCSB

Aili Pettersson Peeker, Julie Carlson, Sowon Park, and Tara Jones

Tuesday, March 4
4 pm • MCC Lounge

Co-Sponsors: UCSB's Trauma-Informed Pedagogy Project and AdCRC

For more information or assistance in accommodating people of varying abilities contact the MultiCultural Center at 805.893.8411

Instagram Facebook TikTok @ucsbmcc

Register on Shoreline:

<https://cmlink.me/2dD/r2264609>

